

How to B.L.E.S.S. Others

B - Begin with Prayer

“God, open a door, open my eyes, and open my mouth.”

L - Listen with Care

Listening is a powerful form of love. Listen in order to hear how God is at work in the person’s life and to understand what they are facing.

E - Eat Together

Jesus modeled the power of eating with others. Sharing a table breaks down walls. Other alternatives to eating together would be going on a walk, sharing a common hobby/activity, or working on a project together.

S - Serve in Love (Display Jesus!)

Look for opportunities to meet a need or serve the other person, **but don’t do this in a transactional way. Serve in order to love, not to gain something. “No one to impress; nothing to prove; just Jesus to serve.”

S - Share the Story (Proclaim Jesus!)

Use one of the Evangelism Tools to share the Gospel. You don’t have to share everything, all at once, but look for opportunities to speak about the Good News of Jesus.

*Note about this approach:

-As best I can tell, this approach was developed and expanded by Dave and Jon Ferguson in their book *B.L.E.S.S. : 5 Everyday Ways to Love Your Neighbor and Change the World*. (<https://www.bless-book.org/>)

Many other churches have adapted this model. You can find helpful websites and sermon series by searching for the B.L.E.S.S. strategy online.